



**Inclusive
Higher
Education
Options for
Students with
Down
Syndrome**

October 2022



Welcome!

We are so glad you're here!

Put away your cell phones.

Bathroom is down the hall.

We are going to have time for
questions,

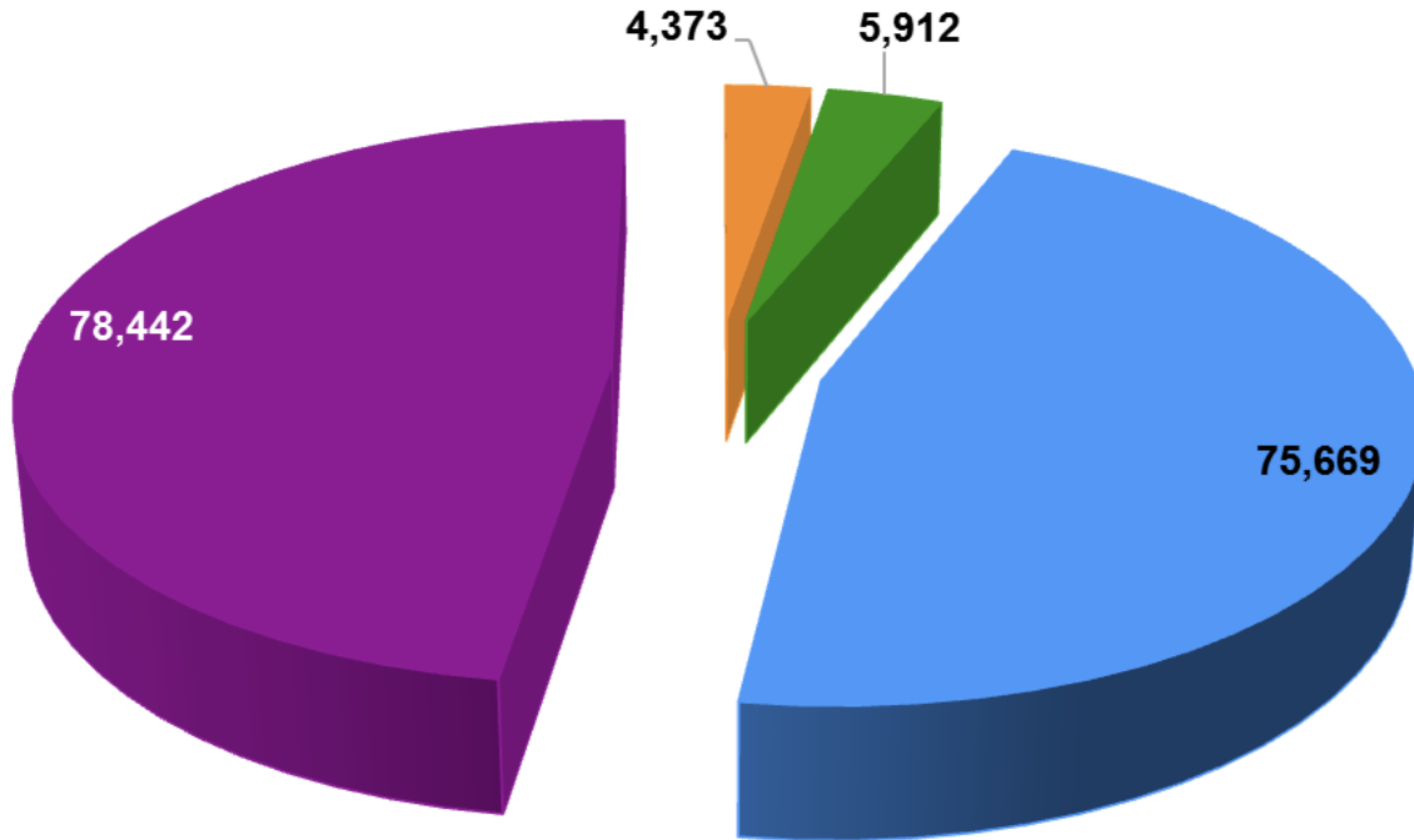
so write them down.

Here we go!

"Because most of the time, things that are worth doing are either massively inconvenient, exhausting or terrifying. Does this mean you shouldn't do them? Absolutely not. Step out of your current reality and then take another step. Believe. Expand. Ride out those chances while you still can."

- Victoria Erickson

- Competitive Integrated Employment \$9.50/hr.
- Supported Employment Programs Group
- WAP, Day & Look Alike Sub Minimum Wage \$?/hr.
- Other Consumers \$?/hr.





We have a lot of data about the benefits of college for degree-seeking students:

- Better relationships
- Better health outcomes
- More civically engaged
- Better paying jobs
- Happier across almost every metric

The Good News: This happens for students in inclusive post-secondary programs too!

Employment Outcomes Surge!

EMPLOYMENT

61%

of students who completed a TPSID program had a paid job 1 year after exit.

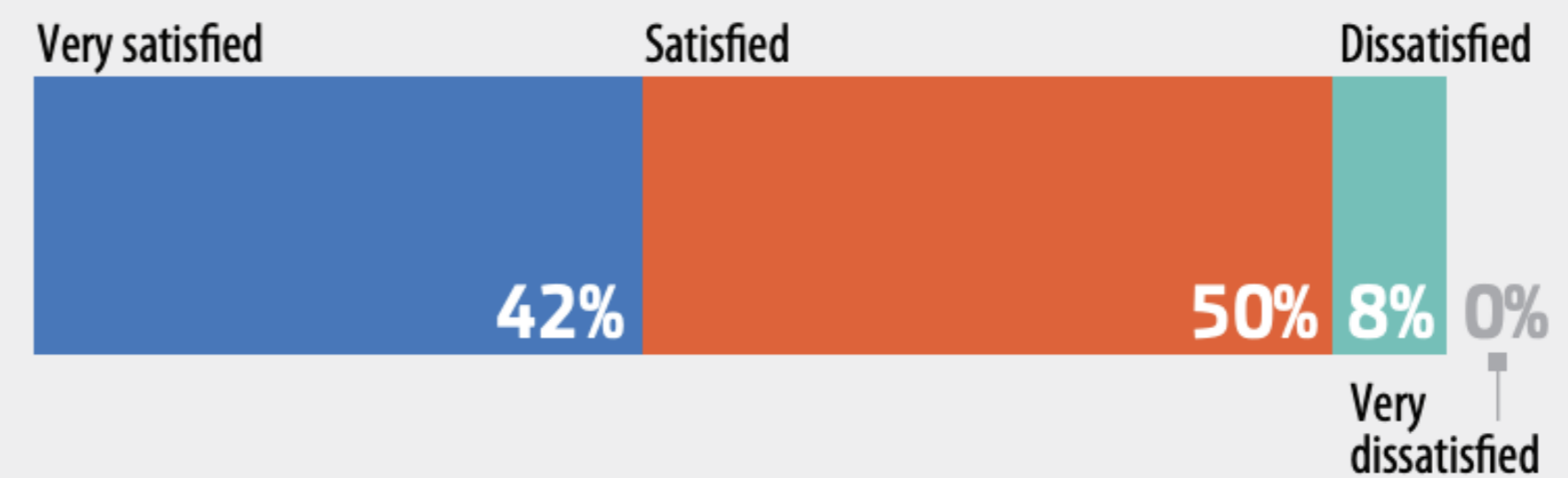


Source: Papay, Smith, Grigal 2017 pdf

92% are satisfied with their social life!

Figure 2: Satisfaction with social life

(n=48)



Two Year College Options

C2C Community Colleges



- Two year community College2Career program for students with intellectual disabilities
- Usually this does not include inclusive living
- Located in: Alameda, Fresno, North Orange County, West Los Angeles, Redding, Sacramento, San Diego, and Santa Rosa
- Funding from Department of Rehabilitation

Taft Community College



- Located in southern California in the city of Taft...near Bakersfield
- Includes inclusive living
- Designated HSI (Hispanic Serving Institution)
- Welcomes students with developmental or intellectual disabilities
- TPSID Funded 2010, 2020 and Certified Transition Program

Two Year Options at Four Year Universities

FRESNO STATE

Discovery. Diversity. Distinction.

Certified Transition Program (CTP)

Inclusive Living

TPSID Funded 2010, 2015, 2020

CSUN
EXPLORERS

Intellectual and Developmental Disabilities

18-28 years old

SF State Inclusion Pilot Project

Intellectual and Developmental Disabilities

UCLA Extension

Certified Transition Program (CTP)

Inclusive Living

TPSID Funded 2010, 2015



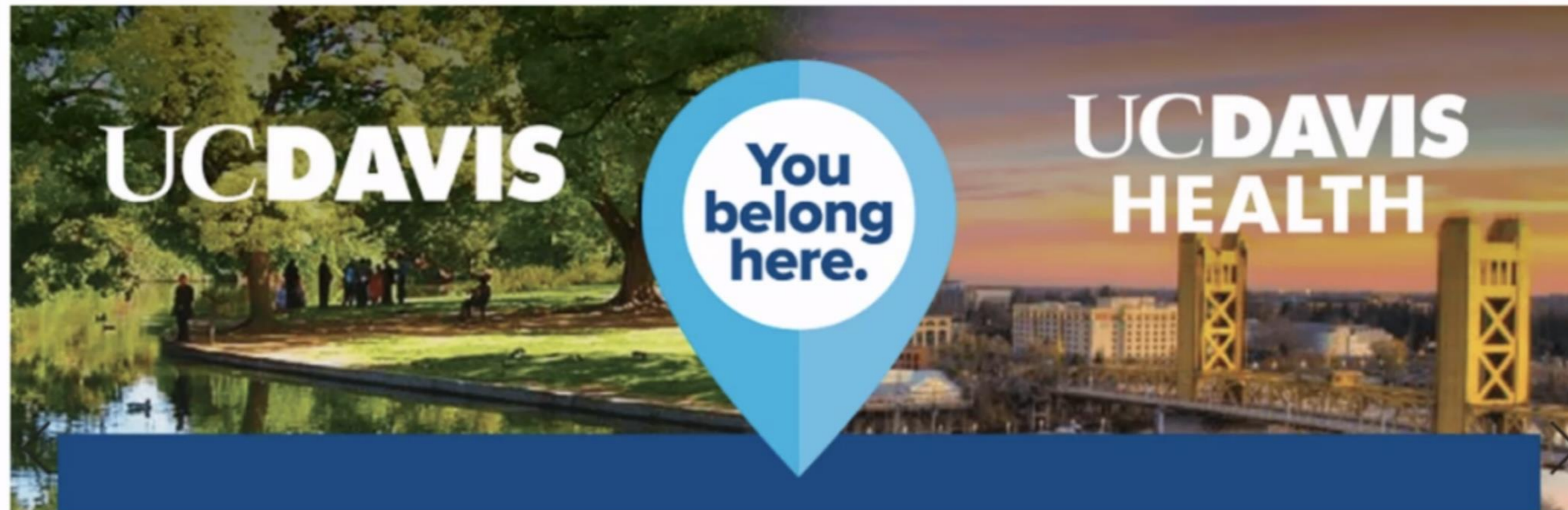
The Redwood SEED Scholars Program (Supported Education to Elevate Diversity) at the University of California, Davis is designed for students with intellectual disabilities.

They will be welcomed to UC Davis as full-time students, and supported with peer mentors in academics as well as in health and wellness. Redwood Seed Scholars will take part in internships both on and off campus with the goal of competitive, integrated employment. They will live alongside other UC Davis students in on-campus housing and participate in extra-curricular clubs and organizations. Self-determination and choice will be the seeds we plant at the beginning.

What are the goals of the UC Davis Redwood SEED Scholars Program?

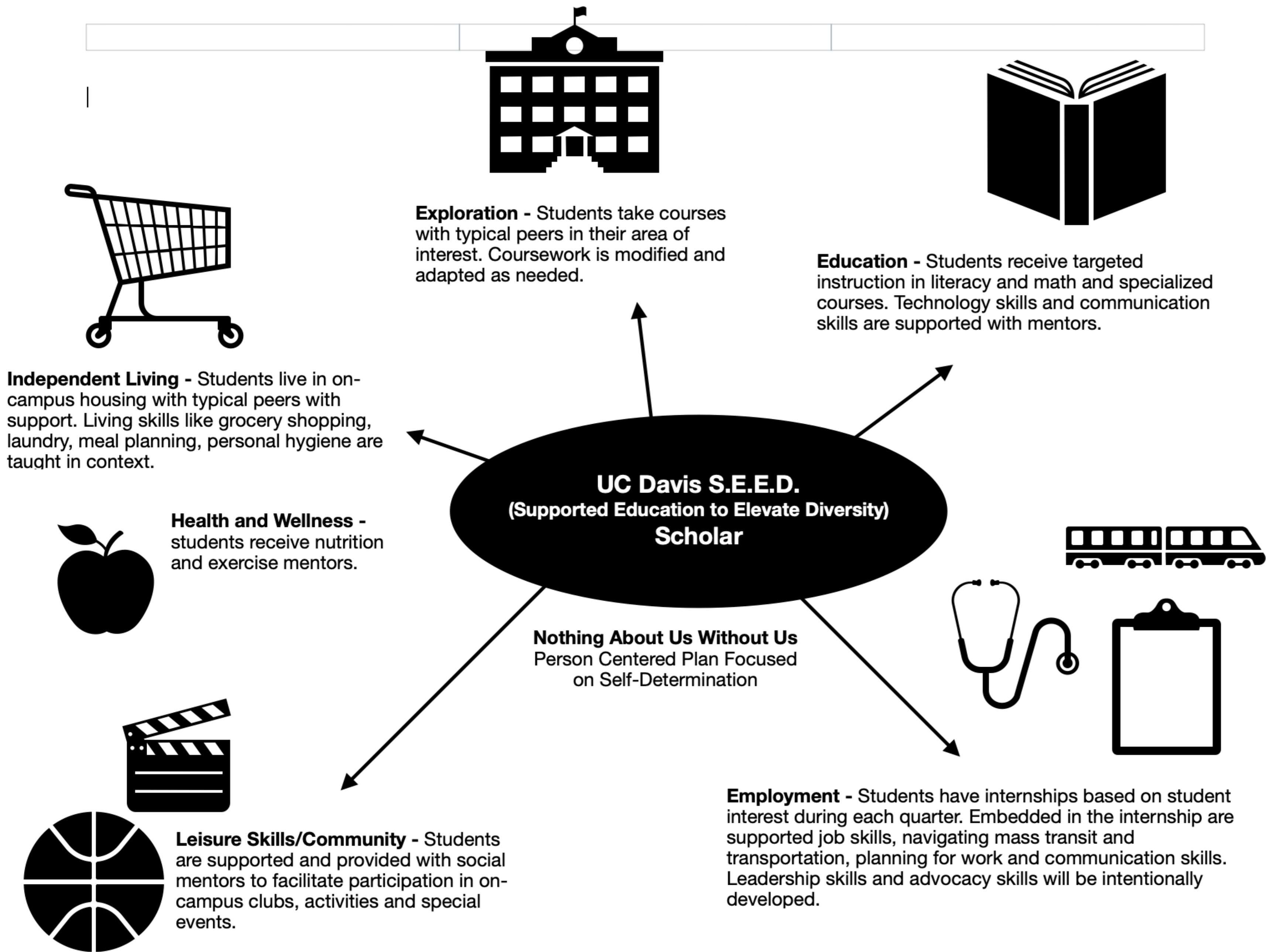
- Personal Growth
- Interconnectedness
- Reaching and stretching toward independence
- Hard work
- Developing skills within context
- Learning to live in a community
- Working toward employment
- Leaning into areas of interest and study

UC Davis was awarded
\$2.1 million US Dept of Education
TPSID Grant in October 2020!



What's great about our program?

- It is a collaboration between UC Davis Diversity, Equity and Inclusion AND UC Davis Health MIND Institute!!
- It is a four year program...first of its kind in both CA and the west!
- It is a cohort model - the dream: more friendship opportunities
- The residential piece gives students who are typically very socially isolated a chance to learn important social skills in context with peers...a chance to develop skills to live independently...a chance to make decisions as a young adult



We have
five parts to
our program.

With person-centered
planning happening in
weeks five and six.

Five Different Mentor Supports Built In



Academic



Health and Wellness



Employment



Social



Residential Housing



Disability is a value-add.

What's the best way to get ready for college?

- Work to improve reading skills and overall literacy
- Build opportunities for independence
- Leave the student at home for a small chunk of time and ask them to be responsible for completing a task while you are gone
- Practice problem solving...what do you do if you're lost? In an emergency? When you don't know what to do? Build in chances to problem solve in real life.

What's the best way to get ready for college?

- Learn to navigate your neighborhood
- Build technology skills - LEARN INTERNET SAFETY!
- Do online research about potential programs
- Get a debit card and make purchases and check your balance
- Visit students who are in college...ask them what they wish they had known
- Get a summer job!

There are **NINE** core competencies that have been identified:

- Able to follow directions
- Able to ask for help/clarification across a variety of settings
- Able to manage medications independently
- Demonstrates basic hygiene skills without prompting
- Accepts responsibility for their actions
- Demonstrates resilience
- Is kind to self and others
- Demonstrates knowledge of personal safety awareness
- Time management skills

Sheen, J., Aller, T., Morgan, R. ., & Currier Kipping, K. Parent Perspectives on Preparing Students with Intellectual Disabilities for Inclusive Postsecondary Education. *Journal of Inclusive Postsecondary Education*. Retrieved from <https://journals.gmu.edu/index.php/jipe/article/view/2947>

The article will be published this fall, Vol. 3 No. 2 (2021): Journal of Inclusive Postsecondary Education.

Here's What College Looks Like in the UC Davis Redwood SEED Scholars Program!



Classes...and Party Planning!



Cristina and Sophie

First Day of Communications and Technology

Celebrating a Friend's Birthday at the MU!



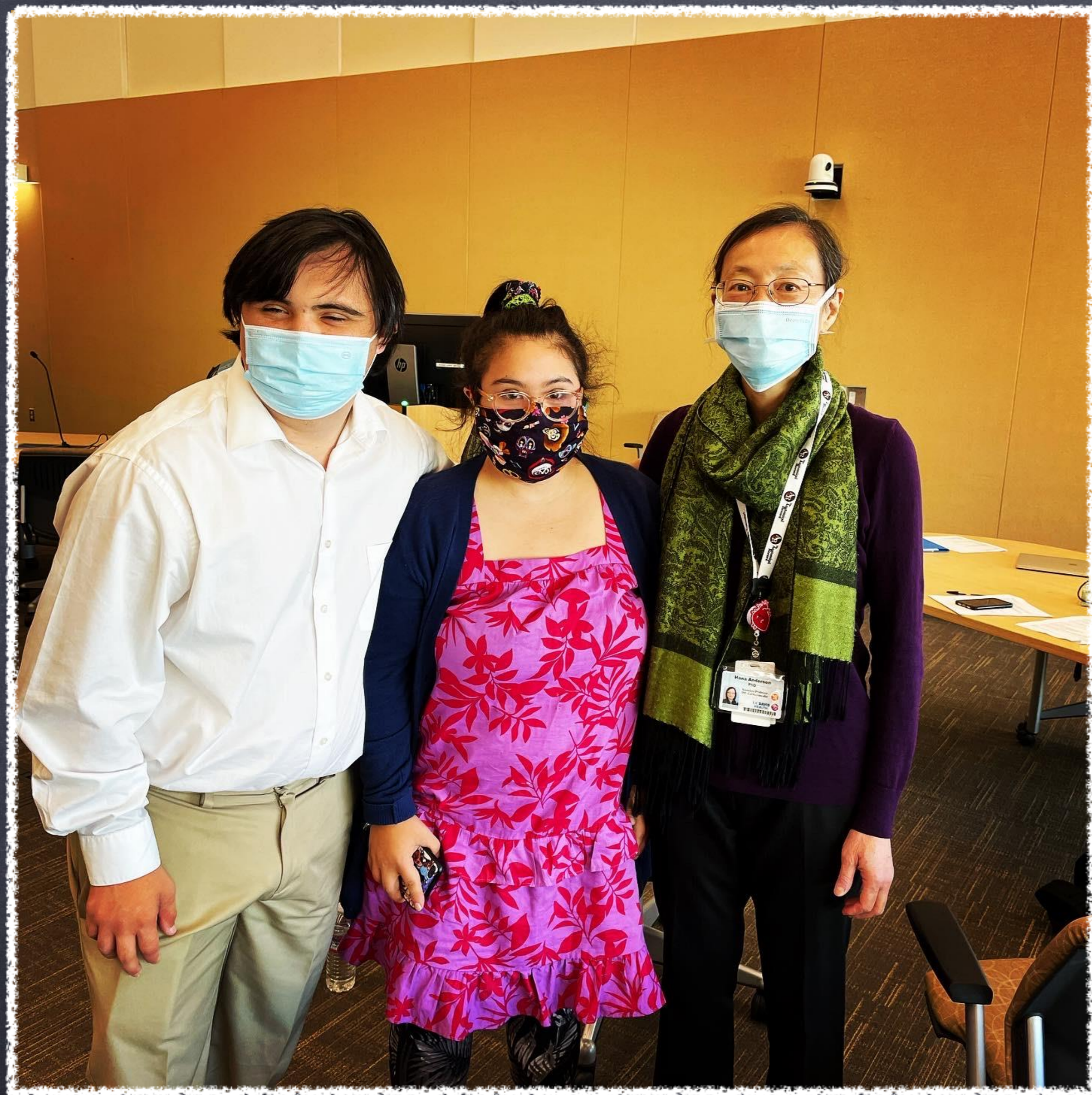


Dr. Ibram Kendi

Students need access to great content...they want to discuss important topics and think about BIG ideas!

Tour of the Library...and one of the Eggheads!





Self-Advocacy is...
speaking to first year UC Davis
Med School students and
sharing your story...why does
medical equity matter...

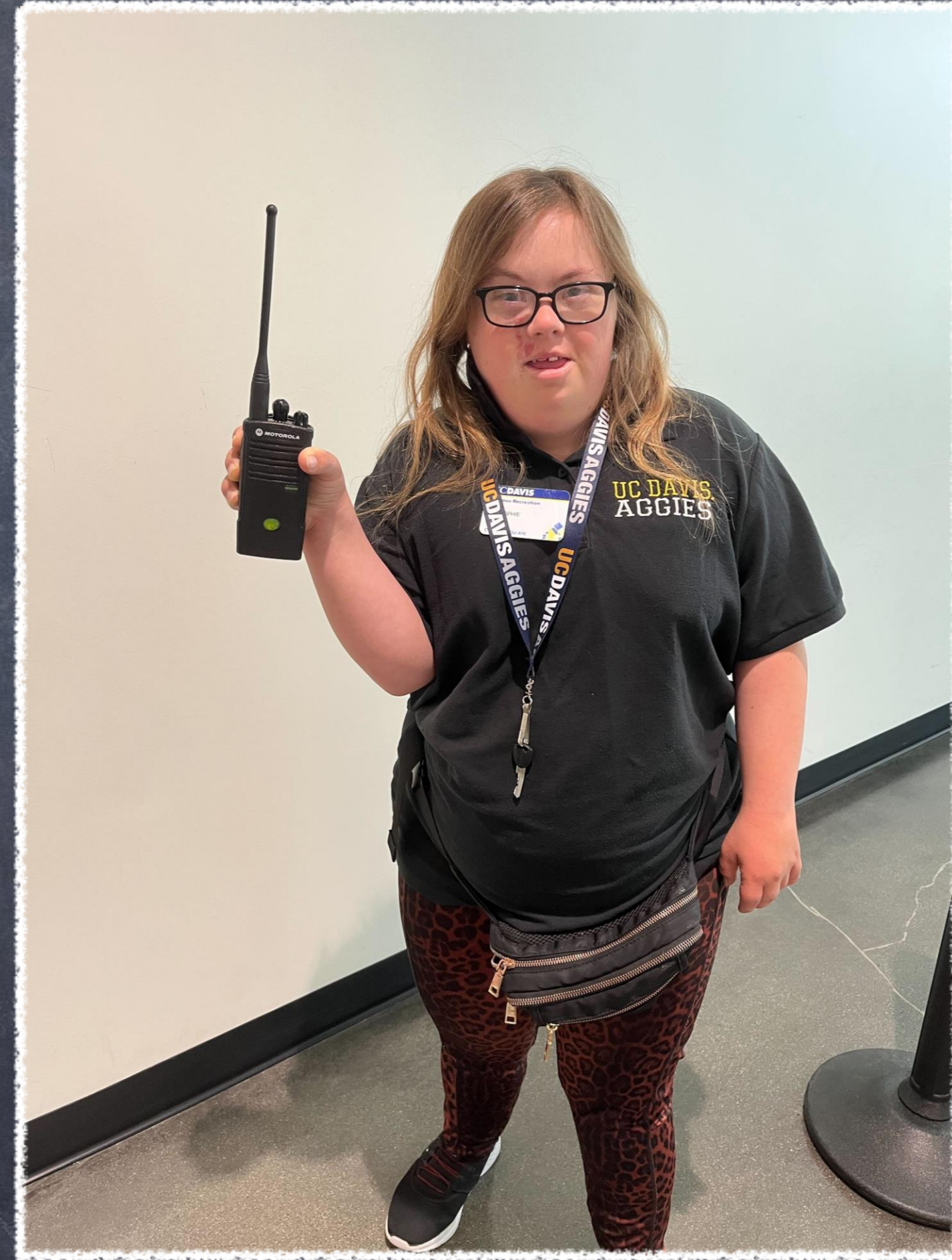


...or sharing your hopes and dreams in a First-Year Seminar class.

It's All About Employment!



Ryan working at the Vet Hospital



Sophie working at the ARC



Cristina working at Outdoor Adventures

Katelyn wrote a book!

KATELYN REED



WISDOM
FROM THE
WHITEBOARD



Katelyn Reed is an active young adult with Down Syndrome from Brea, California. In addition to publishing her first book, Katelyn has been professionally acting since the age of 4. She is a downhill skier and has earned her first-degree black belt. Her great joy is singing, and dancing and she is a six-year veteran of a competitive show choir called the United Choirs of Brea. Katelyn loves to write, especially poetry, and since 2018 has been writing original quotes from her perspective as a young adult living and thriving with an intellectual disability. Katelyn has been showing the world since February 2003 that nothing can stop her from accessing and rocking a full and productive life. *Wisdom from the Whiteboard* is her first published work. She hopes to one day create a second volume dedicated to her poetry. Katelyn is currently attending UC Davis in Davis, CA and is in her first year as a Redwood SEED Scholar, Class of 2026.



**UC DAVIS
HEALTH**

MIND Institute
Redwood SEED Scholars
Office of the Vice Chancellor
for Diversity, Equity, and Inclusion

Time for Questions!

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